

Port Adelaide Sailing Club



Sailing Instructions 2024-2025

The Organising Authority is the Port Adelaide Sailing Club Inc. (PASC)

[NP] denotes that a breach of this rule will not be grounds for protest by a boat. This changes RRS 64.1(a)

[DP] denotes a rule for which the penalty is at the discretion of the protest committee. This changes RRS 64.1

1 RULES

- 1.1 All races will be governed by the rules as defined in the current Racing Rules of Sailing (RRS), the Prescriptions and Special Regulations (SR) of Australian Sailing (AS); the South Australian Harbors and Navigation Regulations 2009; the Department of Transport Boating (safety and equipment) Regulations; the International Regulations for the Prevention of Collision at Sea, 1972 (IRPC) Rating and Class Rules as applicable and these Sailing Instructions (SIs).
- 1.2 **A boat, while racing, shall not cause interference to commercial shipping or other vessels having right of way under the government right of way regulations.**
- 1.3 **A boat sailing across the river shall not pass ahead of a commercial vessel unless the bridge of that vessel is in full view at all times.**
- 1.4 Additional SIs may be issued for any race and shall be read in conjunction with these (SIs) and take precedence. Where there is a conflict they shall replace these Sailing Instructions. These additional instructions will be available from the Official Race Notice board at least two hours prior to the scheduled warning signal.
- 1.5 In any Twilight or Cruising Races where the use of Spinnakers, Bloopers, Code Zero's, or any other flying sail types (not hanked/attached to the forestay by means of a luff groove device) forward of the forestay are prohibited.
- 1.6 Boats entered in Non-Spinnaker Races (Twilight races, Cruising races) may use a spinnaker pole to pole out the headsail.
- 1.7 Short-handed (2 or less people on board) safety protocol
Short-handed is allowed providing the short-handed safety declaration form available from the sailing office is completed, signed, and accepted by the Race Committee.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the Sailing Instructions will be posted on the Official Notice Board not less than 90 minutes prior to the warning signal for the first race in which the change will take effect.
- 2.2 Verbal changes to the SIs may be made on the water by the Race Officer on VHF channel 69 and/or Short Message Service (SMS). Failure by a competitor to receive the communications will not be grounds for redress. This changes RRS 62.1(a).

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors shall be posted on the **Official Race Notice Board** located on the northern wall of the club room passageway.
- 3.2 The race committee intends to monitor and communicate with competitors on VHF channel 69.
- 3.3 [NP] All competitors shall complete a radio check and receive confirmation on VHF 69 with the PASC race committee prior to the first warning signal for each race day. Boats failing to comply will be scored a 10% time penalty for the first offence and a DNC for further offences without protest. Changes RRS Rule 63.1.

- 3.4** [NP] Rule 41 is changed so that the Race Committee may broadcast the course to be sailed, any course changes, names/sail numbers of OCS boats, and/or any other information of interest to competitors on the appropriate course VHF. The Race Committee may also transmit course and other information by Short Message Service (SMS). This changes RRS 41.
[NP] Any failure of, or defect in, such a broadcast will not be grounds for redress. This changes rules 60.1 and 62.

4 SIGNALS MADE ASHORE

- 4.1** Signals made ashore will be displayed from the PASC flagpole located between the PASC clubhouse and the Marina.
- 4.2** Postponement Signals: When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' for River races and 'not less than 60 minutes' for Gulf races in the Race Signal AP. This changes RRS signals.

5 SCHEDULE OF RACES

- 5.1** The scheduled time of the warning signal for the first race each day is as per the schedule of races located in Appendix A of the NoR and in the PASC program available on the PASC website.

6 DIVISIONS

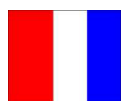
- 6.1** There shall be 1 division for

- River Races (Possible 2 divisions if enough boats interested)
- Club Gulf Races (Possible 2 divisions if enough boats interested)
- Championship Races
- Twilight Races (Possible 2 divisions if enough boats interested)
- All Ladies Races

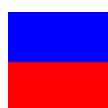
- 6.2** A division may be formed at the discretion of the Race Committee. Any division shall have a minimum number of 3 boats.

7 DIVISIONAL FLAGS

All yachts shall fly the correct divisional Flag whilst racing. No other flag except the PASC burgee shall be flown during a race. The minimum size for the racing pennant shall be 200mm x 150mm and be attached to the back stay or main sail approximately 2 meters above the deck line.



T All Boats



E Div 1 Boats



F Div 2 Boats

8 Courses

- 8.1** Courses will be posted on the course board and show the order in which marks are to be passed and the side on which each mark is to be passed.
- 8.2** [NP] If gulf races are to be shortened and a finish vessel is unavailable this will be transmitted on vhf 69 and or by data communications. Boats shall proceed to the next mark of the course and finish when they have crossed the extension of the line from that mark and the previous mark. Boats shall take their own time when they cross this line. Failure by a competitor to receive the communications will not be grounds for redress. This changes RRS 62.1(a)

9 Marks

- 9.1** The Start and Finish marks will usually be fixed marks unless otherwise stated on the course board.
- 9.2** Course rounding marks will usually be fixed marks unless otherwise stated on the course board.

10 THE START

- 10.1** Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

10.2 Start Lines

Port River Sailing Club (PRSC) Start Line

A line taken from the orange template on *'The Bridge'* of the PRSC clubhouse on Snowden's Beach, to the *'unmarked pole'* opposite on the eastern side of the Port River.

Girl Guides (GG) Start Line

A line taken from an orange flag located in front of the Girl Guides Clubhouse on Snowden's Beach, to *'Beacon 44'* opposite on the eastern side of the Port River.

Outer Harbour (OH) Start Lines

A line taken from *'Beacon 14'* located on the western side of the channel, to the *'Signal tower'* opposite on the eastern side or a line taken from *'Beacon 14'* located on the western side of the channel, to an *'orange flag'* opposite on the eastern side, southward, in the vicinity of the *'Signal tower'*.

On Course Start Line

A line taken from the committee vessel displaying an orange flag to a mark at the other end.

- 10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other divisions.
- 10.4 [NP] A boat starting later than 15 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2
- 10.5 Late to the start line: A boat running late for the start may use its engine after the warning signal for the purpose of proceeding to the Start Line, providing that before starting, the boat shuts off her engine and after the starting signal, getting well clear of all other boats, makes 2 tacks and 2 gybes in the same direction (2 turn penalty, a 720) under sail. A boat taking a penalty turn shall report in writing, the circumstances to a Race Committee Representative after the race & within the protest time limit.

11 THE FINISH

11.1 PRSC Finish Line

A line taken from the orange template on *'The Bridge'* of the PRSC clubhouse on Snowden's Beach, to the *'unmarked pole'* opposite on the eastern side of the Port River.

GG Finish Line

A line taken from a blue flag located in front of the Girl Guides Clubhouse on Snowden's Beach, to *'Beacon 44'* opposite on the eastern side of the Port River.

O H Finish Lines

Unmanned Finish The extension of a line taken from *'Beacon 14'* located on the western side of the channel, to the *'Signal tower'* opposite on the eastern side and the breakwater. Boats shall pass between the Breakwater and Beacon 14.

Manned Finish A line taken from *'Beacon 14'* located on the western side of the channel, to a *'blue flag'* opposite on the eastern side, southward, in the vicinity of the *'Signal tower'*.

On Course Finish Line

A line taken from the committee vessel displaying a blue flag to a mark at the other end.

- 11.2 If the finish line is unmanned when a boat finishes, she shall take her own finish time and report her finishing time, and her position in relation to nearby boats, to the race officer at the first reasonable opportunity.

12 SHORTENING COURSES

- 12.1 The Race Committee may shorten a course at any rounding mark or channel marker.
- 12.2 For river races the Start/Finish line shall be a gate of the course for shortening the course.
- 12.3 If for any reason a race is abandoned the Race Officer will have the discretion to allocate a position to all boats. That position shall be recorded at the last gate all boats have passed through provided one full lap has been completed

13 PENALTY SYSTEM

- 13.1 RRS 44.1 is changed so that the two-turn penalty is replaced by the one-turn penalty except where indicated.

- 13.2** A boat that goes **aground** during the race may if necessary use their auxiliary power or raise their keel to get clear. The penalty for use of auxiliary power or raising a boat's keel shall be a One Turn penalty (1 Tack and 1 Gybe in the same direction) provided in RRS 44.2, after turning off her engine. This changes RRS 42.3 (h) and RRS 42.3 (i)
- 14 TIME LIMITS**
- 14.1 Twilight Races** The time limit for all boats shall be official **Sunset** or 1930 whichever is earlier unless otherwise stated.
River Races The time limit for all boats shall be 3 hours 30 minutes unless otherwise stated.
Gulf Races The time limit for all boats shall be 6 hours unless otherwise stated.
Multiple Races Where 2 races are held on the same day.
River Races The time limit for all boats shall be 2 hours unless otherwise stated.
Gulf Races The time limit for all boats shall be 3 hours.
- 14.2** For races with identical laps the Race Officer will have the discretion to verbally shorten the course at the start/finish gate in the direction of a completed lap for boats that may otherwise be scored "Did Not Finish" or boats that may at the Race Officers discretion, be exceptionally far behind the main fleet. The elapsed time recorded for those boats at the gate shall be multiplied out to give them a finish time equal to the maximum number of laps any boat completed for that race. [NP]
- 15 HEARING REQUESTS**
- 15.1** Protests shall be lodged in accordance with rule 61 to the Race Officer or a member of the Race Committee of PASC.
- 15.2** For river races, protests shall be in writing and lodged within 1 hour of the last boat's finishing time for the last race of the day.
For gulf races, protests shall be in writing and lodged within 2 hours of the boat's finishing time for the last race of the day.
- 15.3** Boats intending to protest shall notify the RO via radio immediately after finishing that race.
- 15.4** RRS Appendix T shall apply.
- 16 HANDICAPPING/SCORING**
- 16.1** All races will be scored under Performance Handicap System (PHS) using the Top Yacht handicapping software with adjustments as determined by the Race Committee.
- 16.2** [NP] The decision of the Race Committee on any allocation of handicap will be final and will not be grounds for request for redress. This alters RRS 60.1 (b)
- 16.3** Points shall be awarded to a boat and helmsperson combination.
- 16.4** [DP] When the nominated helmsperson of a boat changes from the nominated helmsperson on the entry form the boat shall be recorded as a casual or new entry. This does not preclude any crew members from taking the helm for a short period of time, but not during the starting sequence.
- 16.5** **Casual entries** (a boat not entered in the series of the race day) will not be scored for series results.
- 16.6** The Race Committee shall be advised in writing of any alterations to a boat and/or its equipment that may affect its performance not less than 24 hours before racing.
- 17 SAFETY**
- 17.1** All races shall be category 6 unless otherwise stated. Where Department of Transport regulations exceed AS Special Regulations Part 1 at any time, then the Department of Transport regulations shall apply.
- 17.2** If boats with **lifting keels** are able to lock the keel down they shall lock the keel down using a non-friction device at all times while racing. A boat that cannot lock its keel down shall seek dispensation in writing from the race committee and shall not raise its keel while racing with the exception of 12.2 of these SIs.
- 17.3** A boat or equipment may be **inspected** at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee member, equipment inspector or measurer to proceed immediately to a designated area for inspection.
- 17.4 Personal Flotation Devices**
- 17.4.1** On boats without **lifelines** or those with lifelines that do not comply to AS Special Regulations 3.12, all crew shall wear a Personal Flotation Device (PFD), as per AS Special Regulations Part 1 Section 5, at all times whilst racing. Boats failing to comply will be scored DNC without protest. Changes RRS Rule 63.1.
- 17.4.2** On **short-handed** boats (boats with 2 or less people on board) a PFD shall be worn as per AS Special Regulations Part 1 Section 5, at all times whilst on the water including transiting to and from the race area. Boats failing to comply will be scored DNC without protest. Changes RRS Rule 63.1.

- 17.5 Retiring** A boat that **retires** from a race shall lower her division flag and notify the race committee at the first reasonable opportunity after retiring, and before the end of protest time limit. On returning to shore the boat shall promptly complete the retirement form located on the sign on table.
- 17.6 Anchors** shall be stowed inboard whilst racing. A boat that fails to stow an anchor inboard may be subject to protest.
- 17.7** Boats with **extendible bowsprits** shall have them retracted when not in use on a windward leg of the course. After rounding a leeward mark, it shall be retracted as soon as practicable
- 17.8** All boats shall have an **auxiliary motor** as per rule SR 3.24.4
- 17.9 Commercial ships** are restricted in their ability to manoeuvre, and boats should take avoiding action early. Boats must keep clear of commercial vessels moving in the Port River, including the channel to the Entrance Beacon. Refer to the International Collision Regulations Part B- Steering and Safety Rules. In the event there is insufficient progress under sail, the auxiliary power shall be used to keep clear. This action shall be free of penalty provided there is no forward progress in the direction of the race course. Notification of the incident shall be reported to the Race committee as soon as possible after the incident but before the end of the protest time limit or be subject to protest. RRS Rule 42.3(h).
A boat racing shall not pass ahead of a commercial vessel unless the bridge of that vessel is in full view at all times. Any boat considered to have breached this instruction is subject to protest.
- 17.10** Outer Harbour **Southern Breakwater** - Boats shall not pass between the beacon and extremity of the breakwater.
- 17.11 Maximum Wind Limits**
Maximum wind limits shall be at the Race Officers discretion. Competitors are reminded of **RRS Rule 3 Decision to Race, "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"**
- 18 SAIL NUMBERS**
- 18.1** [NP] A boat shall notify the race officer in writing one hour before the first warning signal if a sail does not comply or does not match the registered sail number on the entry form. Failure to do so may result in the boat being scored DNC.
- 19 USE OF A MOTOR**
- 19.1** For use of a motor during racing attention is drawn to rules 10.5, 13.2 and 17.9 of these SIs.
- 20 RENDERING ASSISTANCE**
- 20.1** A boat or competitor shall render all possible assistance to any person or vessel in danger. If necessary, they shall also alert the necessary authorities by way of VHF 16 or mobile phone. A boat rendering assistance shall notify the race committee in writing as soon as practicable but not later than 90 minutes after the incident or the last boat's finishing time, whichever is the later and may receive average points for that race.
- 20.2** Any boat failing to render assistance when able to do so shall be subject to protest. See RRS Fundamental Rule 1.
- 21 TRASH DISPOSAL**
Trash shall not be discarded overboard.
- 22 PRIZES**
- 22.1** Refer NoR point 9 for prizes.
- 23 RISK WARNING AND DISCLAIMER OF LIABILITY**
- 23.1** By participating in racing organised by the PASC each competitor agrees and acknowledges that sailing and activities associated with it involve risks of permanent, catastrophic personal injury, loss, damage or even death. The risks include, but are not limited to, the risk of injury or death from collision, capsizing, falling overboard, being trapped under a sail or boat after capsize and impact with equipment. The risks involved in this are increased by, adverse weather conditions, inadequate training, fatigue, inexperience, failure to maintain the boat, failure to supply and use the recommended safety equipment and failure to observe the RRS, AS Prescriptions and the Sailing Instructions.
- 23.2** The Organising Authority relies upon the provisions and limitations of the South Australian Civil Liability Act 1936 and notifies all race participants who engage in recreational activity that they do so at their own risk. **See RRS Rule 3 Decision to Race, "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"**

23.3 Having given this risk warning, the Organising Authority will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during, or after racing. Nor is the PASC responsible for the seaworthiness of boats whose entry is accepted or the sufficiency or adequacy of its equipment.

24 INSURANCE

24.1 All boats shall have valid third-party liability insurance cover of not less than \$10,000,000 per incident and include "Racing Risk".

It is the competitor's responsibility at all times to ensure they have adequate racing insurance coverage.

24.2 Any entrants not complying with 24.1 above on any day of racing shall withdraw their entry.