

Port Adelaide Sailing Club



Sailing Instructions 2023-2024

The Organising Authority is the Port Adelaide Sailing Club Inc. (PASC)

[NP] denotes that a breach of this rule will not be grounds for protest by a boat. This changes RRS 64.1(a)

[DP] denotes a rule for which the penalty is at the discretion of the protest committee. This changes RRS 64.1

1 RULES

- 1.1** All races will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2021-2024, the Prescriptions and Special Regulations (SR) of Australian Sailing (AS); the South Australian Harbors and Navigation Regulations 2009; the Department of Transport Boating (safety and equipment) Regulations; the International Regulations for the Prevention of Collision at Sea, 1972 (IRPC) Rating and Class Rules as applicable and the Sailing Instructions (SIs).
- 1.2** **A boat, while racing, shall not cause interference to commercial shipping or other vessels having right of way under the government right of way regulations.**
- 1.3** Additional SIs may be issued for any race and shall be read in conjunction with these (SIs) and take precedence. Where there is a conflict they shall replace these Sailing Instructions. These additional instructions will be available from the Official Race Notice board at least two hours prior to the scheduled warning signal.
- 1.4** Where there is a conflict between the Notice of Race (NoR) and the SIs the SIs will take precedence.
- 1.5** Boats shall be eligible to use all sails in accordance with the Racing Rules of Sailing (RRS). Except in any Twilight or Cruising Races where the use of Spinnakers, Bloopers, Code Zero's, or any other flying sail types (not hanked/attached to the forestay by means of a luff groove device) forward of the forestay are prohibited.
Boats entered in Non-Spinnaker Races (Twilight races, Cruising races) may use a spinnaker pole to pole out the headsail.
- 1.7** Single handed safety protocol
Single handed is allowed providing a single handed safety declaration form available from the sailing office is completed, signed, and accepted by the Race Committee.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1** Any change to the Sailing Instructions will be posted on the Official Notice Board not less than 90 minutes prior to the warning signal for the first race in which the change will take effect.
- 2.2** Verbal changes to the SIs may be made on the water by the Race Officer on VHF channel 69 and/or Short Message Service (SMS). Failure by a competitor to receive the communications will not be grounds for redress. This changes RRS 62.1(a).

3 COMMUNICATIONS WITH COMPETITORS

- 3.1** Notices to competitors shall be posted on the **Official Race Notice Board** located on the northern wall of the club room passageway.
- 3.2** The race committee intends to monitor and communicate with competitors on VHF channel 69.
- 3.3** All competitors shall complete a radio check and receive confirmation on VHF 69 with the PASC race start prior to the first warning signal for each race day.

- 3.4** [NP] Rule 41 is changed so that the Race Committee may broadcast the course to be sailed, any course changes, names/sail numbers of OCS boats, and/or any other information of interest to competitors on the appropriate course VHF. The Race Committee may also transmit course and other information by Short Message Service (SMS). This changes RRS 41.
[NP] Any failure of, or defect in, such a broadcast will not be grounds for redress. This changes rules 60.1 and 62.

- 3.5** [DP] While racing (From the first warning signal until the end of the last race of the day), except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communications that is not available to all boats.

4 SIGNALS MADE ASHORE

- 4.1** Signals made ashore will be displayed from the PASC flagpole located between the PASC clubhouse and the Marina.
- 4.2** Postponement Signals: When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' for River races and 'not less than 60 minutes' for Gulf races in the Race Signal AP. This changes RRS signals.

5 SCHEDULE OF RACES

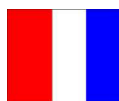
- 5.1** The scheduled time of the warning signal for the first race each day is as per the schedule of races located in Appendix A of the NoR and in the PASC program available on the PASC website.

6 DIVISIONS

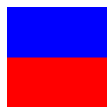
- 6.1** There shall be 1 division for
- River Races (Possible 2 divisions if enough boats interested)
 - Club Outside Races (Possible 2 divisions if enough boats interested)
 - Championship Races
 - Twilight Races (Possible 2 divisions if enough boats interested)
 - All Ladies Races
 - All Stern Chasers
- 6.2** A division may be formed at the discretion of the Race Committee. Any division shall have a minimum number of 3 boats.

7 DIVISIONAL FLAGS

All yachts shall fly the correct divisional Flag whilst racing. No other flag except the PASC burgee shall be flown during a race. The minimum size for the racing pennant shall be 200mm x 150mm and be attached to the back stay or main sail approximately 2 meters above the deck line.



T All Boats



E Div 1 Keelboats



F Div 2 Keelboats

8 Courses

- 8.1** Courses will be posted on the course board and show the order in which marks are to be passed and the side on which each mark is to be passed.
- 8.2** [NP] If gulf races are to be shortened this will be transmitted on vhf 69 and or by data communications. Boats shall proceed to the next mark of the course and finish when they have crossed the extension of the line from that mark and the previous mark. Boats shall take their own time when they cross this line. Failure by a competitor to receive the communications will not be grounds for redress. This changes RRS 62.1(a)

9 Marks

- 9.1** The Start and Finish marks will usually be fixed marks unless otherwise stated on the course board.
- 9.2** Course rounding marks will usually be fixed marks unless otherwise stated on the course board.

10 THE START

10.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

10.2 Start Lines

Port River Sailing Club (PRSC) Start Line

A line taken from the orange template on *'The Observation Deck'* of the PRSC clubhouse on Snowden's Beach, to the *'unmarked pole'* opposite on the eastern side of the river.

Girl Guides (GG) Start Line

A line taken from an orange flag located in front of the Girl Guides Clubhouse on Snowden's Beach, to *'Beacon 44'* opposite on the eastern side of the river.

Outer Harbour (OH) Start Lines

A line taken from *'Beacon 14'* located on the western side of the channel, to the *'Signal tower'* opposite on the eastern side or a line taken from *'Beacon 14'* located on the western side of the channel, to an *'orange flag'* opposite on the eastern side, southward, in the vicinity of the *'Signal tower'*.

10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other divisions.

10.4 [NP] A boat starting later than 15 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2

10.5 Late to the start line: A boat running late for the start may use its engine after the warning signal for the purpose of proceeding to the Start Line, providing that before starting, the boat shuts off her engine and after the starting signal, getting well clear of all other boats, makes 2 tacks and 2 gybes (2 turn penalty, a 720) under sail. A boat taking a penalty turn shall report in writing, the circumstances to a Race Committee Representative after the race & within the protest time.

11 THE FINISH

11.1 PRSC Finish Line

A line taken from the orange template on *'The Observation Deck'* of the PRSC clubhouse on Snowden's Beach, to the *'unmarked pole'* opposite on the eastern side of the river.

GG Finish Line

A line taken from a blue flag located in front of the Girl Guides Clubhouse on Snowden's Beach, to *'Beacon 44'* opposite on the eastern side of the river.

O H Finish Lines

Unmanned Finish The extension of a line taken from *'Beacon 14'* located on the western side of the channel, to the *'Signal tower'* opposite on the eastern side and the breakwater. Boats shall pass between the Breakwater and Beacon 14.

Manned Finish A line taken from *'Beacon 14'* located on the western side of the channel, to a *'blue flag'* opposite on the eastern side, southward, in the vicinity of the *'Signal tower'*.

11.2 If the finish line is unmanned when a boat finishes, she shall report her finishing time, and her position in relation to nearby boats, to the race officer at the first reasonable opportunity.

12 SHORTENING COURSES

12.1 The Race Committee may shorten a course at any rounding mark or channel marker.

12.2 For river races the Start/Finish line shall be a gate of the course for shortening the course.

13 PENALTY SYSTEM

13.1 RRS 44.1 is changed so that the two-turn penalty is replaced by the one-turn penalty except where indicated.

13.2 A boat that goes **aground** during the race may if necessary use their auxiliary power or raise their keel to get clear. The penalty for use of auxiliary power or raising a boat's keel shall be a One Turn penalty (1 Tack and 1 Gybe) provided in RRS 44.2, after turning off her engine. This changes RRS 42.3 (h) and RRS 42.3 (i)

14 TIME LIMITS

14.1 **Twilight Races** The time limit for all boats shall be **Sunset** unless otherwise stated.

River Races The time limit for all boats shall be 3 hours 30 minutes unless otherwise stated.

Gulf Races The time limit for all boats shall be 6 hours unless otherwise stated.

15 HEARING REQUESTS

- 15.1** Protests shall be lodged in accordance with rule 61 to the Race Officer or a member of the Race Committee of PASC and accompanied by a fee of \$50.00.
- 15.2** For river races, protests shall be in writing and lodged within 1 hour of the last boat's finishing time for the last race of the day.
For gulf races, protests shall be in writing and lodged within 2 hours of the boat's finishing time for the last race of the day.
- 15.3** Boats intending to protest shall notify the RO via radio immediately after finishing that race.
- 15.4** RRS Appendix T shall apply.

16 HANDICAPPING/SCORING

- 16.1** All races will be scored under Performance Handicap System (PHS) using the Top Yacht handicapping software with adjustments as determined by the Race Committee.
- 16.2** [NP] The decision of the Race Committee on any allocation of handicap will be final and will not be grounds for request for redress. This alters RRS 60.1 (b)
- 16.3** **Casual entries** will not be scored for series results.
- 16.4** The Race Committee shall be advised in writing of any alterations to a boat and/or its equipment that may affect its performance not less than 24 hours before racing.

17 SAFETY

- 17.1** All races shall be category 6 unless otherwise stated. Where Department of Transport regulations exceed AS Special Regulations Part 1 at any time, then the Department of Transport regulations shall apply.
- 17.2** If boats with **lifting keels** are able to lock the keel down they shall lock the keel down using a non-friction device at all times while racing. A boat that cannot lock it's keel down shall seek dispensation in writing from the race committee and shall not raise its keel while racing with the exception of 12.2 of these SIs.
- 17.3** A boat or equipment may be **inspected** at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee member, equipment inspector or measurer to proceed immediately to a designated area for inspection.
- 17.4** **Personal Flotation Devices**
 - 17.4.1** On boats without **lifelines** or those with lifelines that do not comply to AS Special Regulations 3.12, all crew shall wear a Personal Flotation Device (PFD), as per AS Special Regulations Part 1 Section 5, at all times whilst racing. Boats failing to comply will be scored DNC without protest. Changes RRS Rule 63.1.
 - 17.4.2** On **single handed** boats a PFD shall be worn as per AS Special Regulations Part 1 Section 5, at all times whilst on the water including transiting to and from the race area. Boats failing to comply will be scored DNC without protest. Changes RRS Rule 63.1.
- 17.5** **Sign On** All competitors shall complete the PASC race sign on sheet available at the sailing desk inside the club room prior to the first warning signal of each race day.
- 17.6** **Retiring** A boat that **retires** from a race shall lower her division flag and notify the race committee at the first reasonable opportunity after retiring, and before the end of protest time limit. On returning to shore the boat shall promptly complete the retirement form located on the sign on table.
- 17.7** **Anchors** shall be stowed inboard whilst racing. A boat that fails to stow an anchor inboard may be subject to protest.
- 17.8** Boats with **extendible bowsprits** shall have them retracted when not in use on a windward leg of the course. After rounding a leeward mark, it shall be retracted as soon as practicable
- 17.9** All boats shall have an **auxiliary motor** as per rule SR 3.24.4
- 17.10** **Commercial ships** are restricted in their ability to manoeuvre, and boats should take avoiding action early. Boats must keep clear of commercial vessels moving in the Port River, including the channel to the Entrance Beacon. Refer to the International Collision Regulations Part B- Steering and Safety Rules. In the event there is insufficient progress under sail, the auxiliary power shall be used to keep clear. This action shall be free of penalty provided there is no forward progress in the direction of the race course. Notification of the incident shall be reported to the Race committee as soon as possible after the incident but before the end of the protest time limit or be subject to protest. RRS Rule 42.3(h). A racing boat shall not pass less than 500 metres ahead of a commercial vessel under power. Any boat considered to have breached this instruction is subject to protest.
- 17.11** Outer Harbour **Southern Breakwater** - Boats shall not pass between the beacon and extremity of the breakwater.

18 SAIL NUMBERS

- 18.1** [NP] A boat shall notify the race officer in writing one hour before the first warning signal if a sail does not comply or does not match the registered sail number on the entry form. Failure to do so may result in the boat being scored DNC.

19 RENDERING ASSISTANCE

- 19.1** A boat or competitor shall render all possible assistance to any person or vessel in danger. If necessary, they shall also alert the necessary authorities by way of VHF 16 or mobile phone. A boat rendering assistance shall notify the race committee in writing as soon as practicable but not later than 90 minutes after the incident or the last boat's finishing time, whichever is the later and may receive average points for that race.
- 19.2** Any boat failing to render assistance when able to do so shall be subject to protest. See RRS Fundamental Rule 1.

20 TRASH DISPOSAL

Trash shall not be discarded overboard.

21 PRIZES

- 21.1** Refer NoR point 9 for prizes.

22 RISK WARNING AND DISCLAIMER OF LIABILITY

- 22.1** By participating in racing organised by the PASC each competitor agrees and acknowledges that sailing and activities associated with it involve risks of permanent, catastrophic personal injury, loss, damage or even death. The risks include, but are not limited to, the risk of injury or death from collision, capsizing, falling overboard, being trapped under a sail or boat after capsize and impact with equipment. The risks involved in this are increased by, adverse weather conditions, inadequate training, fatigue, inexperience, failure to maintain the boat, failure to supply and use the recommended safety equipment and failure to observe the RRS, AS Prescriptions and the Sailing Instructions.
- 22.2** The Organising Authority relies upon the provisions and limitations of the South Australian Civil Liability Act 1936 and notifies all race participants who engage in recreational activity that they do so at their own risk. **See RRS 3 Decision to Race, "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"**
- 22.3** Having given this risk warning, the Organising Authority will not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during, or after racing. Nor is the PASC responsible for the seaworthiness of boats whose entry is accepted or the sufficiency or adequacy of its equipment.
- ## **23 INSURANCE**
- 23.1** All boats shall have valid third-party liability insurance cover of not less than \$10,000,000 per incident and include "Racing Risk".
It is the competitor's responsibility at all times to ensure they have adequate racing insurance coverage.
- 23.2** Any entrants not complying with 23.1 above on any day of racing shall withdraw their entry.