

River Ramblings

AUTUMN 2014



See Commodores Report

The Newsletter of: **Port Adelaide Sailing Club Inc.**

June 2014

Tues	3	General Meeting	19.30	PASC
Thurs	5	Sailing Committee Meeting	19.30	PASC
Sun	8	Neriad Cup	12.55	River
Mon	9	Queens Birthday Cruise	TBA	
Sun	15	Plympton Cup (RSAYS)		
Tues	17	Management Committee Meeting	19.30	PASC
Sun	22	Cartwright Cup	11.55	O/Side

July 2014

Tues	1	General Meeting	19.30	PASC
Thurs	3	Sailing Committee Meeting	19.30	PASC
Sat	5	Commodores Ball		
Sun	6	R Fisher Cup	12.55	River
Tues	15	Management Committee Meeting	19.30	PASC
Sat	19	Tea & Scones Trophy	12.55	River

August 2014

Sat	2	Ice Breaker Series (2 x Races)	11.00	River
Sun	2	Port Line Cup	11.00	River
Tues	5	Annual General Meeting	19.30	PASC
Thurs	7	Sailing Committee Meeting	19.30	PASC
Tues	19	Management Committee Meeting	19.30	PASC

NOMINATION FORM

I.....

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Nomi-
nate.....

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For the Position
of.....

.....(Signature of Proposer)

.....(Signature of Seconder)

.....(Signature of Nominee)

All signatories must be Senior Members

**Nomination forms must be placed in container in Clubrooms
before 31st July 2014**



Commodores Report

Alan Beswick and I ventured to the Birkenhead Tavern to Support Natalie van Riet during her brave move of shaving off her beautiful blonde hair to support the Leukaemia Foundation Fund Raiser. There were many PASC Club members there to lend support as well.

We were lucky to have met Suzi and her family and our thoughts and best wishes were extended to her, and as this story unfolded we thought that we should share this moment with you .

We asked Natalie to put the article in her words and she has done this for all of us to share.

Natalie van Riet

I would like to firstly begin by thanking the Port Adelaide Sailing Club community in helping me raise \$4,000 during the Leukaemia Foundation's "Be Brave & Shave" fundraiser.

On Saturday the 15th of March I decided to hand in my natural blonde long locks for a shaved head. Peoples asked me if I was worried and after seeing what my dear friend Suzi was going through my only response was "it is only hair, it will grow back". Suzi was the catalyst for this fundraiser and until the day I did not realise how much this decision meant to her.

Within only weeks before Christmas Suzi decided to make a trip to the hospital due to a bit of abdominal pain. The only reason she went to get this checked out was she was pregnant and wanted peace of mind. Within a week, Suzi was diagnosed with stage 4 cancer. Due to her pregnancy not much more information could be obtained except that it was in the lower abdominal area and that it had spread to the nearby lymph nodes. So at the age of 33, my beautiful friend was pregnant and going through chemotherapy with her husband and two sons aged 2 and 4. Together I knew we would get through this, there was no other option. As the weeks past Suzi's hair started to fall out in clumps, so the decision to shave her head was made for her. It was during this time that I decided to register for the cause and try to create as much awareness as possible. Unfortunately everyone has a story about cancer, they have either battled with cancer themselves, lost a loved one or been by someone's side as they fight for their life.

Suzi has since given birth to a beautiful healthy baby named Eloise Salvadora, her names mean messenger of life and angel of love. Suzi underwent a radical hysterectomy and the surgeons removed the infected lymph nodes. The good news is that Suzi can breastfeed and be a mother to her two sons and baby daughter, unfortunately her treatment continues, which is now radiation treatments daily. Words cannot express how much I want my friend to live and for her to be a mother, wife and friend for many years to come. We still hold the belief or mantra that she is strong, healthy and we will beat this together. What I have learnt is to not take life for granted and that cancer does not discriminate. I know Suzi is overwhelmed by the love and support she has received throughout this journey. Thank you once again for your kind donations.

Thanks Natalie our thoughts are with you.

[Martin Oates](#)

Wedge lift trolley being retrieved after the cable snapped during slipping a yacht



Damage to Cradle
Damage to Yacht unknown?

THE BIRKENHEAD PENNANT

by Jack Whitcomb

Many members may have noticed the large new frame recently installed just inside the northern door off the car park. This is the Club Pennant that was found behind a fireplace in the Birkenhead Tavern when it was renovated a few years ago.

It was mentioned in the excellent Club History, written by John Couper-Smartt. It sat around in the office for a few years, narrowly escaping being dumped, before I was asked if I thought anything could be done with it. I decided to take it in to ARTLAB and ask their advice. These were the people that had restored the 'Eureka Flag', which is now on display in the 'Ballarat Art Gallery'. So I reckoned they would know what to do with it. They informed me that it could be cleaned and stabilized ready for framing. It was not possible to do a better cleaning job as the whole thing was so fragile it would have just disintegrated. It was a lot dirtier than it is now! The executive committee gave approval to go ahead and what you see now is the result.

! For those of you who do not know the story, it used to be waved to start Club races from the old clubhouse, when they would be started from in front of the club. When the Birkenhead bridge was built in 1940, this was no longer possible, so the starts were transferred to the Birkenhead Tavern. Back in those days we had a close relationship with the Tavern, where we would sometimes hold meetings. After a few years this practice obviously got abandoned and the pennant was tucked into a corner and forgotten, until the renovations took place.

! This makes the pennant at least 50 years old. Although I have a theory that the wear and tear could not be caused by it being waved just once a week to start races. I am of the opinion that it once flew up a flagpole, which would explain the amount of wear to the fly of the flag. This would make it a lot older than 50 years. This is possibly the oldest bit of club history we have.

Apart from the Grey Army that is!

Become a Volunteer Race Officer at PASC

Volunteers are required to assist in the running of races for the winter and summer racing series.

PASC club races are run in accordance the Yachting Australia Racing Rules of Sailing.

The role of race officer is based around the "on the water" race management. Responsibilities include laying of the courses, starting and finishing races and using the Top Yacht system to record race data.

The club is intending to run in-house training sessions through YASA for members who are interested in assisting in race management and eventually becoming a qualified race officer.

For additional information please contact either Tracy Heritage, Peter Montgomery or Rob Jacobs. Alternatively you can reply to this email or place your name on the whiteboard near the coffee/Tea bar in the clubroom."

Liz Knolder

Secretary



Port Adelaide Sailing Club

Ph 0449 599 519

Fax 08 8449 1401

Subject: RADIO OPERATORS COURSE

Hi to all boat owners.

As per new legislation it is a requirement that at least one person in a crew or the skipper of the boat must have the appropriate Radio Licence for the type of radio fitted to the vessel.

This applies to VHF and MF/HF but if the only radio on the boat is a 27mg no licence is required.

In the light of this PASC is going to be conducting a Radio Operator's Course in conjunction with the Coast Guard. Although cost is to be confirmed, we would like you to indicate if you are interested in doing this course. The option of doing it in the evening over a couple of weeks or completing it over a weekend has been offered.

Can you please get back to me asap so that I can finalise dates.

Regards

Liz Knolder

Secretary



Port Adelaide Sailing Club

Ph 0449 599 519

Fax 08 8449 1401

BOATS FOR SAIL

Olive II Contact David Jenkinsor 0448 869951

Olive 2 is a 9mtr timber yacht, built in England 1935, of pitch pine on English oak. The motor is a Lister 30 hp diesel. She is cutter rigged and is well ballasted making her a very stable and comfortable cruiser and carries enough fuel and water to voyage for a month with two people onboard.

Hey Jude Contact Barbara Stokes- 8534-4176

. Norbert Gross is selling Scorpio. (



“Westwind 20, new sails, 8hp Honda 4 stroke, \$4,000. Enquiries 0402 627 730”.

Conrad Update – Clarence River to Keppel Bay, Qld 30 May 2013 Continued

So we were able to do about 7-8 knots with just the mainsail and a head current for most of the afternoon. It wasn't the best of days weather wise either, we put on all our wet weather gear plus thermals and beanies and I still felt cold out on deck. Unfortunately with the wind right behind us, We had another 80 nautical miles to cover, and with the wind blowing about 20-25 knots from the and the sea state (the waves were 2 – 3 metres high, we all felt a bit queasy) this meant we needed to hand steer, as "Connie" can't cope very well with these conditions, and we didn't want any uncontrolled gybes. Franz had to do the bulk of this so was stuffed by the end of the sail, as I'm shorter and not as strong after a while my shoulders and arms ache badly. You really need to keep your wits about you and not get distracted, unfortunately we had a few uncontrolled gybes, one was really bad and managed to provide the "last straw" to the bracket holding the TV receiver on the top of the mast, and also chipped a pulley wheel on the main sheet contraption. The kids were horrified that the "babysitter" may not work, and were wondering how they would cope without it – I suggested that more school work could be done, this wasn't well received.

As we came around Cape Capricorn we spied our first "tropical islands" (although the weather was anything but), with a series of small islands to pass to the left and right as we crossed Keppel Bay. We probably could have anchored at Great Keppel Island but as the wind was forecast to get even stronger, more rain was forecast for the next few days, and we had more repairs to do now we headed into Rosslyn Marina, which is where we are now. Franz went up the mast (my hero – I don't like heights!) to fix the TV receiver bracket today (30th May) and we plan to leave Saturday – apparently it is bad luck to leave port on a Friday, plus there is a chance to rub shoulders with the local yachties at Capricorn Coast Yacht Club as they are having a "German Night" tomorrow. Franz should fit right in J

So now you are all up-to-date, and more importantly, we have finally made it to THE GREAT BARRIER REEF! We have only three half days of passage sailing before we get to the first of the Whitsunday Islands, which we are looking forward to.



Conrad Update – Keppel Bay to the Whitsundays – 1st June to 25th July 2013

Happy New Financial year to you all! My last update left you at Keppel Bay, and this one is well overdue, my apologies, I have been slack. We left Rosslyn marina on the 1st of June for Great Keppel Island where we spent 5 days, the main resort there is still closed but people still live there and there is a few shops, a pub and a self catered backpackers. We stayed around the corner from all this near Svenson's beach where the outlook was unspoilt bush.

The local cruisers have a beautiful sundowner spot there, which the kids loved as we had a fire to keep away the midgies and they discovered the joy of toasted marshmallows on a stick for the first time on the trip. Here we met some interesting sailors including Steve and Kerry on a Leopard 39 catamaran called Changing Spots from Sydney, who we ended up cruising with up to the Whitsundays. Another lady there, Trish, showed the children and I how to make fish, grasshoppers and lightning sticks from coconut palm fronds. We went on a few walks, which are marked by engraved stones done by the Svenson's (see pic) and encountered some beautiful migratory butterflies but fortunately not the island's resident crocodile living in the mangrove swamp.



From there we sailed to Pearl Bay which is adjacent to Shoalhaven Military area where the military do their training, fortunately they were not present at this time and we were able to day cruise through. Here we received a radio call from a boat called Topaz (Rob and Christine) who had heard of us from other people we had met at Rosslyn, after our radio check with the local VMR they called us and asked "Are you the Conrad that has two children on board? Where are you planning to go next?" They were in the next anchorage at Island Head Creek and we arranged to meet up with them at Hunter Island, the children were very excited as they also had two children on board of the same age Lucas (7) and Oliver (5) – perfect! We ended up spending about four days there waiting for the next weather window. The kids had a great time together at the beach, the boy's favourite game was testing gravity – i.e. find a large rock or cliff to stand on, then throw lots of rocks off and see if they fall / break / smash. Sonia wasn't so into this but enjoyed making a beach humpy with them. Changing Spots joined us there too, and another boat we met there called Esoterica from Melbourne and the four boats ended up socialising together and sailing together for the next few legs. Steve and Rob were keen fishermen, and together caught a heap of tusk fish which we cooked up on the beach and feasted on – it was delicious.

Steve also caught a huge tuna while trolling en route to the Percy Islands and John a Spanish mackerel so some of our other gatherings included fresh sashimi and sushi, and BBQ mackerel steaks – the best and freshest I have ever tasted. Middle Percy Island is a must stop destination for many cruisers, although in the past it had a bit of a chequered history. There is an A-frame hut on the beach where lots and lots of cruisers leave a piece of something with the name of



their boat inscribed on it (see pic of me hanging it from the second story). This is a kids paradise with a big hammock and a second story to spy on the adults from, as well as a fire pit for marshmallows. There are about 8 people living a sustainable lifestyle on the island, who cooked up a goat stew for all the cruisers as there was about 12 boats when we got there, so we had quite a party and met lots of other people also heading north. The islanders keep goats (introduced to the island by the navy in 1874), have a huge vege patch, rainwater tanks and solar panels for power.



During this period we had no TV, phone or internet for two weeks. We found we didn't miss it, although it was good to make a call from the top of Middle Percy (only place with reception) to reassure our respective parents we were still OK. We also found that

our family can survive for two weeks on 400 litres of water, mainly by swimming with a freshwater rinse-off or using wet wipes to keep clean, and washing dishes in

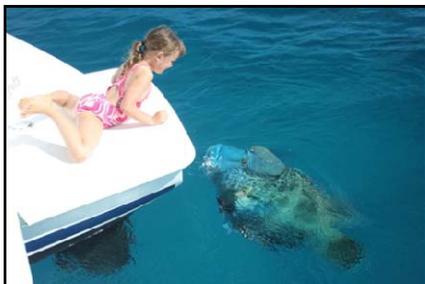
salt water (freshwater rinse for steel things only).

We sailed on to Digby Island and then to Mackay for a quick restock, passing heaps of coal ships off the coast there including the now famous Tampa. Then it was on to Shaw Island – our first official Whitsunday Island. Unfortunately we couldn't linger in the southern isles of the Whitsundays as we had to be in Airlie Beach by the 18th of June to pick up Jackie's Mum (Ronnie) and Dad (Peter) who flew in from Tassie. They were not sure how



they would go, unfortunately it wasn't a good beginning as Ronnie fell the last two steps off the plane which jarred her already bad back, and her luggage went elsewhere and didn't turn up for two days. We sailed out to the islands with them and went to Nara Inlet where there is a cultural site (cave with paintings) whose archaeology showed Aboriginal occupation for 9000 years. Then we sailed to a few good fringing coral reef snorkelling sites including Butterfly Bay where we had a very swelly night, and had some sailing across Whitsunday Passage. Unfortunately Ronnie and Peter found it difficult to cope with boat life due to bad backs and necks and limited mobility, which is why their 36ft Vanderstat is on the market – anyone interested? They managed 8 days and then headed home via Sydney to visit other grandchildren.

We then met up again with Kerry & Steve on “Changing Spots” and headed out together to Bait Reef to stay overnight while the weather was good – it was great to sail in company as we both agreed we probably wouldn't have gone alone. This was the highlight of the trip, the snorkelling on the reef was fantastic and we saw turtles, heaps of clams large and small and a huge blue and green Hump-headed Maori Wrasse which we fed with some bread and bait. There were also humpback whales breaching along the reef and we had several sightings, Kerry took a terrific picture of our boat with a whale jumping out of the water just behind it (looks closer than it was). Sadly we also saw areas of dead and damaged coral from coral bleaching – sad that a remote and pristine location has been affected by rising sea temperatures.



Continued on back page

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PASC Committee 2013-14

Office Bearers, etc.

Commodore	Martin Oates	0419 823 487
Vice Commodore	Allan Beswick	0411 427 184
Rear Commodore	Bob Smedley	0407 619 178
Hon Secretary	Liz Knolder	0449 599 519
Hon Treasurer	Ian McDonald	0415 227 008

Committee

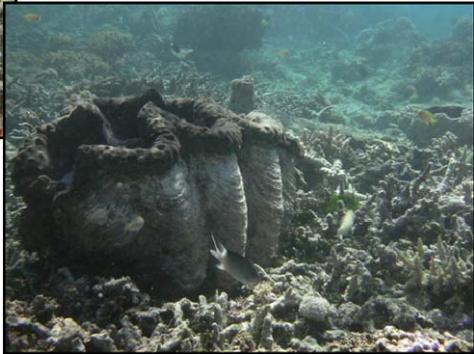
Craig Henderson	0431 420 509
Ken Allen	0422 029 844
Kel Watson	0450 252 321
Bill Cinnamond	0401 539 414
Jamie Edwards	0431 155 623

List of Duties

Events Officer	Jamie Edwards	0431 155 623
House Officer	Bill Cinnamond	0401 539 414
Slipping	Allan Beswick	0411 427 184
Sailability	John Johnston	0417 813 188
	Margaret Ashton	0409 678 737
Safety Officer	Bob Smedley	0407 619 178
Sailing Officer	Craig Henderson	0431 420 509
Handicapper	Serge Ambrose	0420 224 774
Network Mgr.	Kel Watson	0450 252 321
Bar Manager	Ray Deiana	0415 676 285
Web Master	Des Strudwick	0419 808 3 77
Librarian	Keira Bennett	0427 702 181
River Ramblings	John Longbottom	0407 858 050

Appointed

Minuet Secretary	Margaret Ashton	0409 678 737
YSA Delegates	John Johnston	0417 813 188



To be finalised Next River Ramblings